

# RELIGIOUS SCIENCE

## QuickStart



**An Introduction to the  
Background and Basic Principles  
of the Religious Science Philosophy**

**Lloyd Strom**  
[www.SacredDays.org](http://www.SacredDays.org)

**Sample Packet v5.1**

# RELIGIOUS SCIENCE QuickStart

An Introduction to the  
Background and Basic Principles  
of the Religious Science Philosophy

By Rev. Lloyd Strom



## TABLE OF CONTENTS

### Getting Started

The Un-Hidden Agenda .....	1
How to Use This Booklet.....	2
The Spectrum of Life.....	3

### What Is It?

What is Religious Science?.....	4
All About 'New Thought'.....	5
Mentors of 'New Thought'.....	6 - 8
The Great Heritage of Humanity.....	9

### What We Teach

Five Easy Ideas About God .....	10
Cinema of the Self.....	11
Aspects of the Self.....	12,13
The Great Humandala .....	14
The Cast of Characters.....	15 - 17
The Coach to Everywhere.....	18
The Commonest of the Coach .....	19
The Creative Process .....	20
Personalizing the Process.....	21
Exploring the Creative Process	22-26

### What We Do

The Wisdom Tree .....	27
Climbing the Wisdom Tree .....	28
Tools for Change .....	29 - 31
Spiritual Mind Treatment.....	32, 33
Easy Treatment.....	34
Personal Treatment.....	35

### What We Believe

Dealing With Difficult Subjects	36 - 40	
• Sin	• Karma	• Food
• Evil	• Death	• Sex
• Devil	• Reincarnation	• Miracles
• Heaven	• Psychism	• Accidents
• Hell	• Money	• Jesus Christ

Declaration of Principles.....	41
Books for Background .....	42

### Appendix

A Bunch of "Buzz Words".....	43
The Sacred Code .....	44

**PURPOSE:** Spiritual Awakening

**VISION:** To awaken and nurture my own divinity by embracing the 'Principles of Universal Truth.'

**I AM HERE:**

1. To have an experience of '*Spiritual Community.*'  
In other words, to feel comfortable in sharing my personal thoughts and beliefs with others.
2. To gain an understanding of Religious Science. Of what it is , where it comes from, and what it teaches.
3. To clarify my own concept of God in relationship to what is taught in Religious Science.
4. To identify some object, condition or circumstance that I would like to create in my life.
5. To leave with the spiritual tools to begin creating the desired outcome I have identified above.

6. To

Myself

7. To

Class

8. To

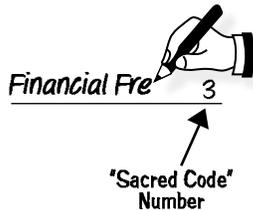
World

Signed

Date

This manual of instruction was developed to provide a brief overview and explanation of the underlying Principles that are incorporated into the overall 'class program.' It contains a collection of interactive essays called 'Wisdom Worksheets,' which provide a 'whole-brain/whole-body' learning experience. Following are descriptions of each of the unique elements of these Worksheets.

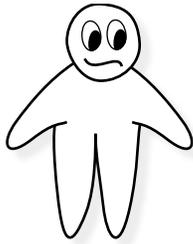
## 'Filling In' the Blanks



Whenever our mind encounters a 'blank' in a sentence, it immediately begins to search for the words that will complete the phrase. In effect, the presence of a 'blank' will activate our curiosity and 'open our mind to receive.' Throughout this Section of the Manual you will frequently encounter 'blank lines' at the beginning of most paragraphs or sections of text. These headings are intended to be 'filled in' by you in either of the following ways:

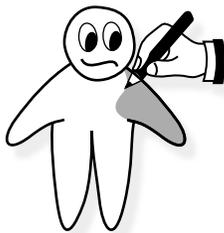
1. Fill them in as you are instructed during the class.
2. Complete them by correlating the little 'code numbers' on the right hand side of the blanks to the 'Sacred Code' located at the back of this booklet.

## Viewing the Symbols, Icons and Illustrations



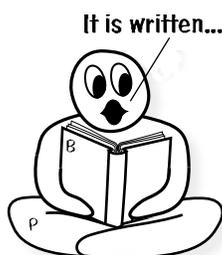
Each section of text is accompanied by an icon, symbol or illustration that will help convey the information contained in the written dialogue. Generally, these images are placed on the left-hand side of the page in order to be more accessible to the 'right-brain.' The text is on the right-hand side in order to be accessed by the 'left-brain.' Together these two elements work in combination to provide a 'whole brain information package.'

## Coloring the 'Wisdom Worksheets'



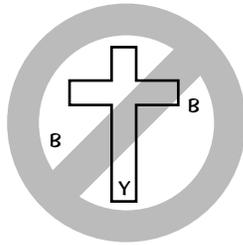
The third important element of this workbook is the coloring of the symbols, icons and diagrams. It is highly recommended that the coloring be done within 48 to 72 hours after each class. This will cause the information that has been received to be powerfully reinforced and retained. Or, if you are using this document on your own, you may wish to do the coloring as you read through the material. Detailed instructions about the coloring process are given on the next page entitled 'The Spectrum of Life.'

## Reading the 'Wisdom Worksheets' Aloud



Silently reading the Truth will change your *attitude* about the physical conditions of your life. However, speaking the Truth will actually *change* those physical conditions. Consequently, reading the written words of these 'Wisdom Worksheets' aloud to yourself will fully activate the transmission of Truth within them. This is equally true for any spiritual book or Sacred Scripture that inspires you when you read it. **"What you hear you forget. What you see you remember. What you say you become."**

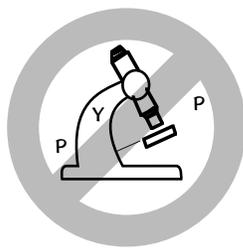
## Religious Science is NOT a *Religion*



*Religion is what we 'think' about heaven.*

Religious Science is a spiritual philosophy for the modern man and woman. It is based on the Truth which arises in every culture in the form of science, philosophy and religion. However, it is not a religion in the usual sense of the word. The traditional response of humanity has been to rely upon religion to supply them with a set of dogmatic beliefs in order to console their fears and relieve them of the responsibility of understanding the true nature of reality. Religious Science, on the other hand, views religion as a source of wisdom for revealing the Truth about the seemingly unknown forces that shape our universe. This enables us to participate in our own life as a *co-creator* with the Divine.

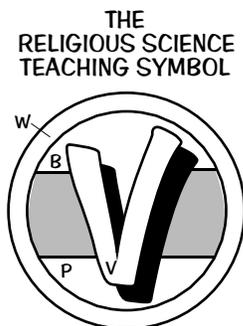
## Religious Science is NOT a *Science*



*Science is what we 'think' about the earth.*

*Religious Science* is not a true science, yet it is very *scientific* in its approach to revealing the Truth about the nature of our lives. One of the basic principles of Religious Science is that we believe only what we can *demonstrate* to be true in our own experience of life. This simple principle sets us free from the dogmas and rigid doctrines of many traditional religions. It also turns our lives into a great experiment through which we can personally discover the grand design of the universe and our relationship to its unfoldment.

## Religious Science is a *Creative Process*



*Religious Science is what we do with our 'thinking' to create heaven on earth.*

*Religious Science* is a new design for living based on the *creative process* of Life itself. It correlates the laws of science, the opinions of philosophy and the revelations of religion into a set of simple principles that can be practiced in all areas of our life on a daily basis. In *Religious Science*, health, wealth and happiness are considered to be our natural state of being. It is only through the holding of false beliefs and opinions about the true nature of our life that we obstruct our own well being and experience conditions of discord, disharmony and disease. Through the practice of *Religious Science* we learn to identify and release these false beliefs and thereby reveal the true perfection of our nature.

Following is a list of the major Principles upon which *Religious Science* is based. Each Principle is followed by a short declaration from an essay entitled “*What I Believe*”, written by *Religious Science* founder Ernest Holmes.

It is recommended that you read each of these declarations out loud to yourself. Pay special attention to the way that it makes you feel. Do they evoke a felt sense of truth and a feeling of hope? If so, then perhaps *Religious Science* has something to offer you.

---

## **One God**

*I believe in God, the Living Spirit Almighty; one, indestructible, absolute, and self-existent Cause. This One manifests itself in and through all creation but is not absorbed by its creation. The manifest universe is the body of God; it is the logical and necessary outcome of the infinite self-knowingness of God...*

## **Everything Is Spirit**

*I believe in the incarnation of the Spirit in all beings and that every person is an incarnation of the One Spirit...*

## **Personal Immortality**

*I believe in the eternity, the immortality, and the continuity of the individual soul, forever and ever expanding...*

## **Heaven On Earth**

*I believe that the Kingdom of Heaven is within us and that I experience that kingdom to the degree that I become conscious of it...*

## **Personal Freedom**

*I believe that the ultimate goal of life is to be a complete emancipation from all discord of every nature, and that this goal is sure to be attained by all...*

## **Unity of All Life**

*I believe in the unity of all life, and that the highest God and the innermost God is the one God...*

## **Personification of God**

*I believe that God is personal to all who feel his indwelling Presence...*

## **Personal Revelation**

*I believe in the direct revelation of Truth through the intuitive and spiritual nature of humanity, and that any person may become a revealer of Truth who lives in close contact with the indwelling God...*

## **Universal Law**

*I believe that the Universal Spirit, which is God, operates through a Universal Mind, which is the Law of God, and that I am surrounded by this Creative Mind which receives the direct impress of my thought and acts upon it...*

## **Spiritual Healing**

*I believe in the healing of the sick through the power of this Mind...*

## **Personal Power**

*I believe in the control of conditions through the power of this Mind...*

## **Goodness of God**

*I believe in the eternal Goodness, the eternal Loving-kindness, and the eternal Givingness of Life to all...*

## **Self Determination**

*I believe in my own soul, my own spirit, and my own destiny; for I understand that my Life is God.*

## General Policies Regarding the Use of NovaTech Materials

Following are the general policies regarding the use of materials created and protected under the name of **Sacred Days, Graceful Ways, NovaTech or Lloyd Strom**:

1. NovaTech materials may not be reproduced for commercial purposes, or distributed for the for the purpose of teaching classes for which fees are charged or collections taken. However, they may be freely copied and used for personal and/or non-commercial purposes.
2. The source of the materials must be acknowledged whenever they are distributed by any person, for any purpose. Furthermore, they must not be altered or changed in any fashion without the author's consent.
3. The materials may be copied and utilized for the purposes of personally teaching any spiritually oriented class. If fees are charged and/or collections taken, it is requested that an 'appreciation offering' be made to the author based on the value received from the use of the materials, as determined by the user.
4. The materials may not be bound or included in any published and distributed offering without the author's consent. This includes both electronic and/or conventional printed publications.
5. In the event that the author is unavailable to provide consent for the use of the materials, as described above, such consent may also be obtained from Rev. Marcia Sutton. Contact information is provided below.

### Appreciation Offerings

If you have received value from the use of NovaTech materials, it is suggested that you make an 'appreciation offering' so that what you have received will be increased by your act of gratitude. Additionally, such offerings will support the continued development and free distribution of the materials. To make an offering please go to the [www.SacredDays.org](http://www.SacredDays.org) website for instructions.

January 2011

NovaTech • 188 Escallonia Dr. • Novato, CA 94945 • [NovaTech@SacredDays.org](mailto:NovaTech@SacredDays.org)

Rev. Marcia Sutton • [RevMarcia@SacredDays.org](mailto:RevMarcia@SacredDays.org)

[www.SacredDays.org](http://www.SacredDays.org)

